

PAEDDR ZUZANA KIŠIKOVÁ

CAREGIVER

Atena

ONLINE CV

INTRODUCTION

According to the CV, Zuzana reports almost 10 years of overall work experience as a caregiver, assisting clients with dementia and Alzheimer's disease. The CV records duties including hygiene, medication administration, and mobility support. Documented training includes a 230-hour healthcare course.

STRENGTHS: sophisticated writing skills, communicativeness, Ability to learn new languages, sensibility, Politeness, responsibility

EDUCATION

HIGH SCHOOL

-

COURSES & CERTIFICATES

Healthcare course
2012

LANGUAGE SKILLS

Slovak	C2 · Mother language
English	C1 · Proficiency or advanced

PERSONAL DETAILS

ID: 388445

AVAILABLE FROM: Asap

CARE EXPERIENCE
9 yr 10 mo.

TOTAL EXPERIENCE
almost 10 years

AGE
61

GENDER
Woman

HEIGHT WEIGHT
165 cm 63 kg

MARITAL STATUS
Divorced

CHILDREN
1

NATIONALITY
Slovakia

CITIZENSHIP
Slovakia

PERMANENT/TEMPORARY RESIDENCE
SR Banská Bystrica
Internátna 1410/28

SMOKING
Non-smoker

INTERESTS
English, Traveling, Crosswords

WORK EXPERIENCE

TOTAL EXPERIENCE	CARE EXPERIENCE	COUNTRIES OF EXPERIENCE	LONGEST
almost 10 years	**9 yr 10 mo.**	**GB · NL**	**9 yr 5 mo.** Wokingham, GB

EXPERIENCE BY DIAGNOSIS

Alzheimer´s **9 yr 10 mo.** | Short memory loss **9 yr 5 mo.** | Weakness **9 yr 5 mo.** | Incontinence **9 yr 5 mo.** | Dementia **1 yr 3 mo.**

11/2018 – 02/2020
1 yr 3 mo.

Full-time employment

Caregiver ATENA

Home care · Reading

Diagnoses: Dementia

Help to orientate in time and space
Memory/stimulation exercises
Help with everyday duties
Encouraging client
Elimination of the stressful situations
Giving medication
Bathing
Showering
Washing
Mouth hygiene
Personal hygiene
Creaming
Mobilization
Accompanying to toilet
Assistance where required dressing/undressing
Help with undressing
Walks
Companionship
Help with eating
Checking water intake
Cooking
Laundry
Ironing
cleaning

06/2017 – present
9 yr 5 mo.

Full-time employment

Caregiver ATENA

Home care · Wokingham

Diagnoses: Weakness, Short memory loss, Alzheimer´s, Incontinence

Memory/stimulation exercises
Help to orientate in time and space
Encouraging client
Help with everyday duties
Giving medication
Help with getting up
Help with night routine
Transfers from bed to wheelchair
Transfers from wheelchair to bed
Help with walking
Handling the lifting equipment
Bathing
Showering
Washing
Mouth hygiene
Personal hygiene
Creaming
Mobilization
Accompanying to toilet
Assistance where required dressing/undressing
Help with undressing
Walks
Companionship
Help with eating
Checking water intake
Cooking
Laundry
Ironing
cleaning
Incontinence care
Changing of pads
Applying urinal condom
Helping with urine bottle
Elimination of the stressful situations

01/2017 – 05/2017
5 mo.

Full-time employment

Caregiver ATENA

Home care · 's-Hertogenbosch

Diagnoses: Alzheimer´s

Giving medication
Incontinence care
Changing of pads
Applying urinal condom
Helping with urine bottle
Bathing
Showering
Washing
Mouth hygiene
Personal hygiene
Creaming
Mobilization
Accompanying to toilet
Assistance where required dressing/undressing
Help with undressing
Walks
Companionship
Help with eating
Checking water intake
Cooking
Laundry
Ironing
cleaning
Memory/stimulation exercises
Help to orientate in time and space
Encouraging client
Help with everyday duties
Help with getting up
Help with night routine
Transfers from bed to wheelchair
Transfers from wheelchair to bed
Help with walking
Handling the lifting equipment

References

Atena
Banská Bystrica
Námestie SNP 14,
info@atena.sk
www.atena.sk

388445

Caring reference

Name of caregiver:	Zuzana Kišková EB 2471	
Length of stay:	from: 5.3.2018	to: 24.8.2018
Number of person to look after:	1	

What were the main caring activities?

help with walking, administration of medication, checking the vital signs of patient, help with personal hygiene (showering, washing, changing clothes, accompanying to toilet) accompanying to doctors.

What was the main housework?

cleaning house
doing laundry
cooking, ironing

Would you recommend this Mr. /Mrs. ?

X Yes No

If yes, why?

She is very qualified, well experienced and patient woman. She has a healthcare course and rich experience with caring. Also she is very ambitious and independent

Issued by	Michaela Mutišová - Atena	
Name:		
Date:	2.10.2018	Signature:

References



References

Atena
EMPLOYMENT AGENCY

Námestie SNP 14
Banská Bystrica
Slovakia
www.atena.sk

CARING REFERENCE

This reference is issued for ATENA - PERSONAL CONSULTING s.r.o.

In which period did Ms./Mrs. ZUZANA KIŠIKOVÁ carry out the caring activity?

Start date: 8/8/2016 - 9/9/2016 End date: 14/10/2016 - 15/11/2016

How many persons in the household were taken care of ? 1

(X) Please describe, what type of caring activities were provided: GIVING MEDICATION, ACCOMPANYING US TO THE HOSPITAL, HELP WITH WALKING ACCOMPANYING TO TOILET, CHANGING DIAPERS, PERSONAL

Did she/he take care of household duties? Yes X No

(*) If yes, please describe, what type of household duties were performed: WASHING UP, TAKING OUT RUBBISH, LAUNDRY, CLEANING, DUSTING IRONING, SETTING THE TABLE, PREPARING BREAKFAST...

Could you recommend Ms./Mrs. ZUZANA KIŠIKOVÁ as a caregiver?

Yes X No

If yes, why? BECAUSE SHE DID EVERYTHING VERY WELL

Please describe abilities and competences of Ms./Mrs. ZUZANA KIŠIKOVÁ

during the care work: SHE IS RELIABLE, ORGANISED

Define her/his character: WARM, CARING & PATIENT PERSONALITY, WILLING TO BUILD A FRIENDLY RELATIONSHIP WITH US

This reference was issued from:

Name: ELLEN KOPPENS Phone: +316 262 500 92

Address: VERWERSSTRAAT 104A, 5211 HZ s-HERTOGENBOSCH, NL

Date: 14/11/2016 Signature:

* The family can call me before the next turns of caregiver to verify this reference (Please, cross) Yes | Yes, but only according to agreement | No

(*) HYGIENE, DRESSING & UNDRESING, HELP WITH NIGHT ROUTINE

(·) ORGANIZING THE BEDROOM & BATHROOM,

References

9 Northwood Avenue
Purley / Surrey
CR8 2ER

0044 20 8 660 7798 (H)
0044 7985 807 024 (M)

26 júl, 2004

UK customs authorities

Re: Import of Vitamin C supplies - GIFT

Dear Sir or Madam:,

This is to confirm that my sister,

PaedDr. Zuzana Kišíková,

is importing Vitamin C supplies for my private use.

This supplement is used by me on a recommendation of my immunologist as I am recovering from lung cancer.

As far as orthodox medicine is concerned, I am being treated at the Royal Marsden Hospital in Sutton, Hospital Number: 38 70 43, under the care of Dr. O'Brien.

The supplement was purchased from the funds raised from my family, friends & general public. It is imported as a gift.

Should you have any further questions, please do not hesitate to contact us on the above mentioned numbers.

Yours sincerely,

Mrs. D.M. Burley, BSc (Hons), ATT

References

9 Northwood Avenue
Purley / Surrey
CR8 2ER

0044 20 8 660 7798 (H)
0044 7985 807 024 (M)

03 August 2004

UK immigration authorities

Re: Invitation for

Mrs. Andrea Herdova
Mrs. Zuzana Kisikova

Dear Sir or Madam:,

This is to confirm that we have invited Mrs. Burley's sisters

Mrs. Andrea Herdova
PaedDr. Zuzana Kišiková

to stay as our guests at the above address.

During their stay, they will be provided with all the board and lodging.

Please notice, that they are travelling independently of each other.

Other relevant details can be viewed in the table beneath:

Name:	**Mrs. Andrea Herdova**	**Mrs. Zuzana Kisikova**
Marital status:	Married	divorced
Dependent children:	1 [not travelling]	1 [not travelling]
Previous visits to UK:	3	none
Occupation:	Bank clerk	Teacher
Permanent address:	Zitavanska 46 Topolcianky 951 93	Družby 1 974 04 Banská Bystrica

Should you have any further questions, please do not hesitate to contact us on the above mentioned numbers.

Yours sincerely,

Mr. M.J. & Mrs. D.M. Burley

Caregiving course

Meno a adresa inštitúcie:
Name and Address of the Institution:

VaV Servis, s.r.o.
Hlavná 50, 080 01 Prešov, Slovenská Republika
+421/ 051 77 213 35, www.vavslovakia.sk

Číslo záznamu - potvrdenia o akreditácii MPSVaRSR : 47555/2011
Registration Number - Accreditation Certification by the Ministry of Labour, Social Affairs and Family of the Slovak Republic: 47555/2011

Číslo protokolu: 2012/0003/15/BB
Entry Number: 2012/0003/15/BB

OSVEDČENIE
Certificate

o získanom vzdelaní s celoštátnou platnosťou členskej krajiny EÚ
of acquired qualification with a nation-wide validity of the EU member state

Meno a priezvisko:
Name and Surname: **PaedDr. Zuzana KIŠIKOVÁ**

Deň, mesiac a rok narodenia:
Date of Birth (day, month, year): 11.03.1965

Úspešne absolvoval/a:
has successfully completed

KURZ OPATROVANIA
HEALTH CARE ASSISTANT TRAINING COURSE

v rozsahu 230 hodín
In the extent of 230 lessons

v čase od 08.03.2012 do 03.04.2012
In the duration from 08.03.2012 until 03.04.2012

s odborným obsahom v predmetovej skladbe
with the scientific content in the following subjects

- **Úvod do opatrovateľstva**
- **Aktívne opatrovateľstvo, komunikácia a asertivita v práci opatrovateľky**
- **Zdravoveda a fyziológia ľudského tela**
- **Základy kliniky vybraných chorôb**
- **Gerontológia a charakteristika geriatrického klienta**
- **Náuka o výžive a správnej životospráve**
- **Prevencia, hygiena a epidemiológia**
- **Rehabilitačná starostlivosť o chorého**
- **Hospicová starostlivosť**
- **Opatrovateľské techniky**
- **Špecifiká opatrovania detí s vybranými chorobami**
- **Prvá pomoc**
- **Sociálne a právne normy, práva a povinnosti opatrovateľky**
- **Meranie fyziologických funkcií**
- **Podávanie liekov**
- **Odborná stáž - prax**

- Introduction to Healthcare
- Active Healthcare, Communication and Assertiveness in the Care Assistant Profession
- Health Science and the Physiology of a Human Body
- The Essentials of Treatment of Selected Diseases
- Gerontology and the Characteristics of a Geriatric Patient
- Nutritional Science and Healthy Lifestyle
- Prevention, Hygiene and Epidemiology
- Rehabilitation Care of a Patient
- Hospice Care
- Healthcare Techniques
- The Specifics of Childcare with Selected Diseases
- First Aid
- Social and Legal Norms, Rights and Obligations of a Care Assistant
- Measurement of Physiological Functions
- Medication Administration
- Professional Practice – Internship

Osvedčenie o získanom vzdelaní s celoštátnou platnosťou vydávané podľa § 79 ods. 1 písm. h) bod 1 a § 86 a § 91 ods. 3 zákona č. 448/2008 Z. z. o sociálnych službách a o zmene a doplnení zákona č. 445/1991 Zb. o živnostenskom podnikaní (živnostenský zákon) v znení neskorších predpisov a podľa § 46 zákona č. 71/1967 Zb.
The Certificate of acquired education with a nation-wide validity issued in accordance with § 79 art. 1 h), point 1, and § 91 art. 3 of Act No. 448/2008 Coll., on Social Services, and on amendment of Act No. 445/199 Coll., of Self-Employment Entrepreneurship (Self-Employment Act) as amended, and in accordance with § 46 of Act No. 71/1967 Coll.

V Banskej Bystrici dňa 03.04.2012
In Banská Bystrica, on 03.04.2012

VaV Servis, s.r.o. PREŠOV
POTVRDENIE O AKREDITÁCII MPSVR SR č. 47555/2011

predseda skúšobnej komisie
Head of Examination Committee

v.z.
riaditeľ vzdelávacej ustanovizne
Director of Educational Instruction

WHY ATENA

RELIABLE PARTNER

16	18	188 000+	1 180 000+
COUNTRIES OF OPERATION	YEARS OF EXPERIENCE	COMPANIES	CLIENTS IN DATABASE

WE GUARANTEE

01 Quick start
From the signing of the order.

02 Worker replacement
If they do not meet your expectations.

03 24/7 helpline
Throughout the cooperation.

WHAT SETS US APART

International presence
Local and international staff.

Extensive client database
Continuously updated.

Professional selection
AI-powered.

Our own information system
Fast response to orders.

COOPERATION PROCESS

01	02	03	04	05
Offer processing	Candidate selection	Screening	Your confirmation	Start date

INFOLINE

0800 221 222

www.atena.org

9. 11. 2026